



ACSB Virtual Ethics Summit Program Guide

April 1 - 3, 2022

Welcome to our first-ever Virtual Ethics Summit. We are here in service to evolving our professionalism and integrity in the fields of Sexological Bodywork & Somatic Sex Education. Thank you for joining us, we are so excited to share in this engaging weekend with you.

One of our core values for the weekend is presence and visibility. We ask everyone to keep their cameras on and be ready to engage as much as you are able.

ACSB Ethics Summit Core Values

- 1. Presence and Visibility** - In service of creating more connection, safety and engagement, we request attendees turn on cameras and be ready to participate free of distractions.
- 2. Self-care and Self-regulation** - We value attendees tracking their well being and tending to their needs to increase the opportunity for learning and growing.
- 3. Welcoming of Differing Views** - We celebrate the diversity of views and understand that based on each individual's experiences we hold unique perspectives. We expand our wisdom when we can welcome a spectrum of views.
- 4. Grace For Things We Do Not Yet Know** - We value compassion and curiosity for ourselves and others, particularly in the places where we do not yet know. We invite gentleness to one another in this discovery process.
- 5. Embodiment** - The body holds wisdom and is our portal for growth, learning and healing. We value listening and tuning into your body throughout the summit.
- 6. Personal Responsibility & Agency** - Everyone is at choice and has free will and self-agency.
- 7. Autonomy & Interconnectedness** - We are both individuals (with diverse perspectives and wisdom) at the same time that we are an integral part of our community (with responsibility for helping to weave the wellness of our collective).

*** We acknowledge that at times, some of these values may contradict one another. A prime example is if you need to tend to self-care and step away from the camera. We have the opportunity to be with this complexity, just as we get to be with the nuances and complexity on the topic of ethics.

Daily Schedule

Daily Schedule	PDT	BRT	UTC	BST	CEST
First Session	08:00 - 09:00	12:00 - 13:00	15:00 - 16:00	16:00-17:00	17:00-18:00
Second Session	09:15 - 11:15	13:15 - 15:15	16:15 - 18:15	17:15 - 19:15	18:15-20:15
Meal Break	11:15 - 12:15	15:15 - 16:15	18:15 - 19:15	19:15 - 20:15	20:15-21:15
Third Session	12:15 - 14:00	16:15 - 18:15	19:15 - 21:15	20:15 - 22:15	21:15-23:15

PDT = Pacific Daylight Time; **BRT** = Brasilia Time; **UTC** = Universal Coordinated Time (same as GMT / Greenwich Mean Time); **BST** = British Summer Time, same as Irish Standard Time (IST) & Western European Summer Time (WEST); **CSET** = Central European Summer Time.

Schedule at a Glance

Friday, April 1st

	Time	Event	Presenters
Session 1	08:00 - 09:00 PDT 15:00 - 16:00 UTC	Opening Circle & Meet and Greet	Christiane Pelmas, Ailsa Keppie & Hazel-Grace Yates
Session 2	09:15 - 11:15 PDT 16:15 - 18:15 UTC	Embodied Ethics Practices	Anne More Hazel-Grace Yates
Session 2	12:15 - 14:00 PDT 19:15 - 21:15 UTC	Weaving Ethics: A Round Table Discussion	Luna Darling & Hazel-Grace Yates

Saturday, April 2nd

	Time	Event	Presenters
Session 1	08:00 - 09:00 PDT 15:00 - 16:00 UTC	<u>**** ACSB Members Only****</u> ACSB Codes of Ethics and Conduct Presentation and Discussion	Ailsa Keppie & Kian de la Cour
Session 2	09:15 - 11:15 PDT 16:15 - 18:15 UTC	Keynote Presentation: Ethics for Rebels and Radicals – How Can History Inform Our Future?	Dr. Claire Macaulay
Session 2	12:15 - 14:00 PDT 19:15 - 21:15 UTC	Workshop: The Power in The Space - Intricacies & Ethics	Dr. Claire Macaulay

Sunday, April 3rd

	Time	Event	Presenters
Session 1	08:00 - 09:00 PDT 15:00 - 16:00 UTC	<u>**** ACSB Members Only****</u> ACSB Grievance Council Process Update	Steve Oskard & Christiane Pelmas
Session 2	09:15 - 11:15 PDT 16:15 - 18:15 UTC	Keynote Presentation: What Has Love Got to Do With Justice?	Kai Cheng Thom
Session 2	12:15 - 14:00 PDT 19:15 - 21:15 UTC	Dialogue: Where Ethics Hits the Road	Kai Cheng Thom

Presentations and Workshops

Friday, April 1st

Session 1: 08:00 - 09:00 PDT / 15:00 - 16:00 UTC

Opening Circle and Meet & Greet

Presented by: Christiane Pelmas, Ailsa Keppie & Hazel-Grace Yates

Welcome to the first ever ACSB Virtual Ethics Summit. During this short meeting you will meet the Presidents of the ACSB, learn about the ethics summit core values, and meet and greet your fellow ethics summit attendees.

Session 2: 09:15 - 11:15 PDT / 16:15 - 18:15 UTC

Embodied Ethics Exploration

Presented by: Anne More & Hazel-Grace Yates

In this session, Hazel-Grace and Anne will guide you through a series of somatic aware exercises and dialogues exploring our relationship to ethical power dynamics as practitioners.

Session 3: 12:15 - 14:00 PDT / 19:15-21:15 UTC

Weaving Ethics: A Roundtable Discussion

Presented by: Luna Darling & Hazel-Grace Yates

The intention of this session is to cultivate connection and safety in our community by sharing our personal experiences regarding ethics. Luna and Hazel-Grace will provide conversational prompts while you share in small breakout groups. We will also weave in movement and breath in alignment with core value of embodiment

Saturday, April 2nd

Session 1: 08:00 - 09:00 PDT / 15:00 - 16:00 UTC

****** ACSB Members Only******

ACSB Codes of Ethics and Conduct Presentation and Discussion

Presented by: Ailsa Keppie & Kian de la Cour

The ACSB Ethics committee, composed of a consistent core group of members over the last couple of years, has put in considerable time and effort to update and modernize our inherited Code of Ethics & Conduct.

During our work on this, we have reached out to discuss some points with other Professional Sexological Bodywork Associations, especially the Somatic Sex Educators Association of Australasia ([SSEAA](#)) and thank them for their guidance with wording and overall format of our own document.

During this one-hour presentation, Ethics Committee members Kian de la Cour and Ailsa Keppie will outline proposed changes and the rationale behind these. We will also present ways in which members of the ACSB can make suggestions or ask questions about the document.

Session 2: 09:15 - 11:15 PDT / 16:15 - 18:15 UTC

Keynote Presentation: Ethics for Rebels and Radicals- How Can History Inform Our Future?

Presented by: Dr. Claire Macaulay



In this keynote talk, Dr. Claire Macaulay will explore the concepts of ethics and professional practice. Drawing from moral philosophy, history and the lived experience of other professions, we will explore how the emerging profession of Sexological Bodywork & Somatic Sex Education can learn from other modalities in establishing a meaningful professional framework to support our practice.

By the end of this talk you will:

- Be able to describe the difference between a code of ethics and a code of conduct.
- Have an appreciation of the historical influence on ethical practice today.
- Understand that ethics does not provide right answers.
- Be curious about how we best apply ethics and professional practice to Sexological Bodywork & Somatic Sex Education.

Dr. Claire Macaulay is a medical doctor and certified Sexological Bodyworker from Scotland. For 10 years, Claire worked for an organization advising medical professionals and organizations on the ethical and legal aspects of medical practice, and supporting doctors referred to the UK medical regulator. Claire is also a certified Executive Coach and Mediator, with a particular interest in conflict management and restorative practice. Claire brings her knowledge and experience of professional practice, ethics and professional regulation to help support the emerging profession of Sexological Bodywork. [Visit her website](#)

Session 3: 12:15 - 14:00 PDT / 19:15 - 21:15 UTC

Workshop: The Power in The Space – Intricacies & Ethics

Presented by: Dr. Claire Macaulay

In this interactive workshop we will explore the intricate and multi-faceted aspects of power dynamics in coaching and therapeutic relationships. Looking beyond the blind belief that the power lies exclusively with the practitioner over a vulnerable client, we will explore the complex and realistic ways that power dynamics can play out in the space between us. We will investigate how understanding power dynamics can make you a more effective practitioner and how ethical guidelines can support the balancing of power.

By the end of this workshop you will:

- Be able to describe the different types of power dynamics that are at play between you and your clients/students.
- Appreciate the interplay between professional ethics and power dynamics.
- Have an appreciation of how to work with power dynamics in a positive way.
- Be curious to notice the power dynamics in your own practice.

Sunday, April 3rd

Session 1: 08:00 - 09:00 PDT / 15:00 - 16:00 UTC

****** ACSB Members Only******

ACSB Grievance Council Process Update

Presented by: Christiane Pelmas & Steve Oskard

In this presentation for ACSB members only, Steve and Christiane will be presenting updates on the Grievance Council and the development of the ACSB's first-ever Learning, Repair & Accountability Process based on the principles and tools of restorative justice.

Session 2: 09:15 - 11:15 PDT / 16:15 - 18:15 UTC

Keynote Presentation: What Has Love Got to Do With Justice?

Presented by: Kai Cheng Thom



In the dominant, colonial culture, justice is most often framed as a struggle to affirm good and punish evil. So-called "bad guys" are seen as the root cause of interpersonal harm. Indigenous wisdom and social justice movements offer more nuanced and humane frameworks for responding to harm;

Restorative Justice, Transformative Justice, and prison/police abolition movements seek to find ways to move beyond punishment and towards the collective healing of conflict and abuse.

Yet as powerful and important as these ideas are, many contemporary communities struggle to put them into practice. We may be intellectually committed to Transformative Justice, yet still long for punishment and retribution in our bodies. We may want to enter conflicts as our best and bravest selves, yet fall into patterns of freeze and collapse in real-life situations.

In this presentation, mediator and somatic sex educator Kai Cheng Thom will offer her Loving Justice model of somatic and spiritually grounded conflict resolution as a way forward. Participants will be guided through gentle contemplative exercises and gain practical tools for understanding and de-escalating conflict through the lens of trauma and anti-oppression.

Kai Cheng Thom, MSW, MSc, Qualified Mediator, is an author, performer, somatically-trained coach, and conflict resolution practitioner based in tkaronto/Toronto. As an embodiment coach and consultant, Kai Cheng works with individuals and organizations to resolve conflicts, shift systems, and pursue transformative change. Kai Cheng is also Adjunct Faculty at the Institute for the Study of Somatic Sex Education. [Learn more](#)

Session 3: 12:15 - 14:00 PDT / 19:15 - 21:15 UTC

Dialogue: Where Ethics Hits the Road

Presented by: Kai Cheng Thom

Are you ready to talk about *real* ethical conflicts in the fields of Sexological Bodywork and Somatic Sex Education? Would you like to engage in a somatically grounded, loving, and generative conversation about how to move our professions forward on challenging topics such as boundaries, boundary crossing, and responding to harm?

Kai Cheng Thom will guide participants through a facilitated transformative dialogue based on the Lewis Deep Democracy and Loving Justice frameworks. This process is intended to spark dialogue about real-life ethical issues facing somatic sex professionals today while also providing participants with an embodied experience of a trauma-informed, safe-enough transformative dialogue process.